

## Location change to Melissa Middle School Main Gym 3150 Cardinal Drive!

### Cheer/Chant 2021

Motions will be taught at the clinic on Monday. They are very simple. Memorize the words before arriving at the clinic. The lower case x represents a beat or a pause. Clap (actually clap- but don't say "clap") and x are the perfect places to put filler words to pump up the crowd. "Louder, yell it, come on, and yell with us" are a few examples. 1-3 syllable words or phrases (depending on the beats) hype up the cheer/chant and get the fans yelling with you. You will be scored on how loud you are and the use of filler words. Being confident in the words is the secret to success so make sure you learn them over the weekend. Examples of filler words are in parentheses, but you can use different words if you wish.

Here! We! Go! x-(yell with us!)  
Cardinal -clap clap- Nation xx (louder!)  
Cardinal -clap clap- Nation xx (spell it!)  
N-A-T- I-O-N  
Cardinal-clap clap- Nation xx (spell it!)  
N-A-T- I-O-N  
Cardinal-clap clap- Nation xx (yell it!)  
Cardinal-clap clap- Nation xx

Cardinal fans get LOUD xx  
Yell our colors yell Red, x Red  
Now yell Black, x Black x  
Cardinal fans all together yell  
Cardinal -clap clap- Nation xx (come on!)  
Red, x (louder!) Black! x-(last time!)  
Cardinal xx Nation!

Before and after cheers, chants, dances, etc, spiring (jumping and yelling spirit phases is ESSENTIAL! Please make this fun and energetic! Go Big RED! Let's Go Cards! Make some NOISE!

Don't yell wooo or just 'say' a sentence, like, "let's go cards, we're number one".

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