



HEALTH SERVICES

MELISSA SCHOOLS *"A Special Time in a Special Place"*

Diabetes Self Care Form

In an effort to encourage the safe and effective use of diabetes management supplies and medications by students, Melissa ISD Health Services has prepared this list of guidelines. Any student wishing to keep his/her diabetic management supplies/medications in his/her possession during school hours and activities must agree to follow these rules.

1. A Diabetic Management & Treatment Plan signed by a physician and the Melissa Individual Health Plan (IHP/HCIS) signed by a parent/guardian must be on file in the school clinic.
2. By "Special Instructions" on the Medication Administration form or documentation on the medical orders the physician must write "May carry diabetic management supplies and medications and use as directed by M.D. and school policy".
3. The diabetic supplies and medications must be labeled with the student's first and last names.
4. The student must demonstrate for the school nurse the proper use of his/her diabetic supplies and medications.
5. The student must exhibit responsible behaviors with his/her supplies and medications:
 - a. No sharing the needles, supplies or medications.
 - b. Securing the supplies/medications on his/her person or locked in classroom or locker (do not leave out and unattended).
 - c. DO NOT check blood glucose or use needles/sharps with someone standing near you.
 - d. Dispose of sharps in sharps container.
 - e. Clean area of any blood where blood glucose is checked or ask a responsible adult for assistance.
 - f. Report any bloodborne pathogen exposures to school nurse or appropriate school administrator immediately.

Student's Signature

Date

Parent's Signature

Date

Nurse's Signature

Date