

January 18

Melissa High School Lunch Menu

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
7	8 No school	9 Pizza Green Beans Steamed Corn Mandarin Oranges Tropical Fruit Milk	10 Chicken Sandwich Mixed Vegetables Pinto Beans Peach Cups Pears Milk	11 Steak Fingers Ranch Style Beans Steamed Broccoli Hot Roll Mixed Fruit Pineapple Milk	12 Hamburger Baked Sweet Potato Fries Pork n Beans Burger Salad Strawberry Cup Apricot Cup Milk	13
14	15 No school	16 Pizza Tossed Salad w/cherry tomatoes Green Beans Mixed Fruit Pears Milk	17 Chicken Fried Steak Cream Gravy Black Beans Mashed Potatoes Roll Orange Apricot Cup Milk	18 Quesadilla w/Salsa Romaine Spinach Salad Re Fried Beans Peach Cups Apple Juice Milk	19 Hamburger Baked Sweet Potato Puffs Burger Salad Apple Strawberry Cup Milk	20
21	22 Pizza Romaine Spinach Salad Peas & Carrots Applesauce cup Pears Milk	23 Steak Fingers Mashed Potatoes Gravy Mixed Veggies Roll Orange Grape Juice Milk	24 Crispitos Salsa Pinto Beans Steamed Corn Mixed Fruit Apricot Cup Milk	25 Chicken Nuggets Green Beans Carrot Sticks Bread Slice Peach Cups Pineapple Milk	26 Hamburger Baked Sweet Potato Fries Burger Salad Strawberry Cup Grapes Milk	27
28	29 Pizza Steamed Broccoli Carrot Sticks Apple Orange Juice Milk	30 Patty Melt Corn Green Beans Mixed Fruit Tropical Fruit Milk	31 Fish Sandwich Mixed Veggies Ranch Style Beans Apricot Cup Peaches Milk	1 Spaghetti w/meatballs Romaine Spinach Salad Peas & Carrots Pears Pineapple Milk	2 Hamburger Baked Sweet Potato W/cinnamon Burger Salad Orange Mandarin Oranges Milk	3

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