

September 17

Melissa High School Lunch Menu

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
3	4 NO SCHOOL	5 Pizza Ranch Style Beans Carrot Sticks w/ranch Peaches Orange Juice Milk	6 Steak Fingers Sweet Potato Puffs Romaine Spinach Salad w/cherry tomatoes Bread Slice Pears Pineapple Milk	7 BBQ Sandwich Mixed Veggies Pinto Beans Pickle Spears Orange Mixed Fruit Milk	8 Hot Dog Tossed Salad Cherry Tomatoes Green Beans Apple Banana Milk	9
10	11 Pizza Celery Sticks w/ranch Mixed Veggies Mandarin Oranges Pears Milk	12 Corn Dog Romaine Spinach Salad Ranch Style Beans Apple Grape Juice Milk	13 Chicken Nuggets Green Beans Carrot Sticks w/ranch Bread Slice Peaches Orange Milk	14 Burrito Re Fried Beans Steamed Corn Mixed Fruit Apple Milk	15 Hamburger Burger Salad Sweet Potato Fries Pineapple Banana Milk	16
17	18 Pizza Tossed Salad w/cherry tomatoes Green Beans Mandarin Oranges Mixed Fruit Milk	19 Chicken Queasdilla Re-Fried Beans Corn Peaches Tropical Fruit Milk	20 Baked Fish Sandwich Romaine Spinach Salad Pinto Beans Orange Apple Juice Milk	21 Chicken Fried Steak Gravy Mashed Potatoes Mixed Veggies Apple Pears Milk	22 Hot Dog Sweet Potato Puffs Burger Salad Strawberry Cup Pineapple Milk	23
24	24 Pizza Carrot Sticks w/ranch Mixed Veggies Apricot Cups Grapes Milk	26 Chicken Breast Sandwich Pinto Beans Broccoli w/ranch Apple Strawberry Cup Milk	27 Steak Fingers w/gravy Romaine Spinach Salad Steamed Corn Bread Slice Peaches Grape Juice Milk	28 Chicken Nuggets Tossed Salad Cherry Tomatoes Baked Sweet Potato Puffs Hot Roll Orange Pineapple Milk	29 Hamburger Burger Salad Celery Sticks W/Peanut Butter Mixed Fruit Orange Milk	30

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