

October 17**Melissa High School Lunch Menu**

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2	3	4	5	6	7
	Pizza Tossed Salad w/Cherry Tomatoes Green Beans Mixed Fruit Apple Sauce Milk	Burger Steak Brown Gravy Mixed Vegetables Romaine Spinach Salad Bread Slice Pineapple Apricot Cup Milk	Bf & Bean Burrito Steamed Corn Re Fried Beans Pears Tropical Fruit Milk	Chicken Fried Steak cream gravy Mashed Potatoes Steamed Carrots Roll Orange Grape Juice Milk	Hamburger Baked Sweet Potato Fries Burger Salad Apple Mandarin Oranges Milk	
8	9	10	11	12	13	14
	No School	Pizza Romaine Spinach Salad w/Cherry Tomatoes Green Beans Orange Pears Milk	Steak Fingers Mashed Potatoes Cream Gravy Carrot Sticks w/ranch Roll Pineapple Peaches Milk	Chicken Quesadilla Re Fried Beans Steamed Corn Strawberry Cups Orange Juice Milk	Hamburger Baked Beans Burger Salad Mixed Fruit Apple Milk	
15	16	17	18	19	20	21
	Pizza Steamed Broccoli Peas & Carrots Peaches Grapes Milk	Burger Steak Brown Gravy Mashed Potatoes Steamed Corn Roll Mandarin Oranges Pineapple Milk	BBQ Sandwich Potato Salad Baked Beans Pickle Spears Pears Apple Milk	Chicken Fried Steak Cream Gravy Mixed Vegetables Ranch Style Beans Bread Slice Mixed Fruit Orange Milk	Hamburger Burger Salad Sweet Potato Fries Apricot Cups Banana Milk	
22	23	24	25	26	27	28
	Pizza Tossed Salad w/Cherry Tomatoes Green Beans Orange Grape Juice Milk	Steak Sandwich Baked Potato Ranch Style Beans Pineapple Mixed Fruit Milk	Chicken Nuggets Scalloped Potatoes Broccoli Bread Slice Peaches Pears Milk	Crispitos Re Fried Beans Carrot Sticks Apricot Cups Tropical Fruit Milk	Hamburger Pork n Beans Burger Salad Apple Strawberry Cups Milk	

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