

November 17

Melissa High School Lunch Menu

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
29	30	31	1	2	3	4
	No School	Pizza Romaine Spinach Salad w/ Cherry Tomatoes Peas & Carrots Apple sauce Orange Juice Milk	Patty Melt Over Toast Green Beans Scalloped Potatoes Mixed Fruit Pineapple Milk	Chicken Salad Re Fried Beans Corn Roll Apricot Cups Tropical fruit Milk	Hamburger Sweet Potato Fries Burger Salad Orange Apple Milk	
5	6	7	8	9	10	11
	Pizza Romaine Spinach Salad Mixed Vegetables Orange Strawberry Cups Milk	Steak Fingers Mashed Potatoes Black Beans Roll Mixed Fruit Pineapple Milk	Chicken Quesadilla Steamed Corn Re Fried Beans Pears Grape Juice Milk	Chicken Nuggets Green Beans Carrots & ranch Peach Cups Tropical fruit Milk	Hamburger Ranch Style Beans Burger Salad Apple Apricot Cups Milk	
12	13	14	15	16	17	18
	Pizza Peas & Carrots Romaine Spinach Salad Mixed Fruit Pears Milk	Chicken Fried Steak Mashed Potatoes Pinto Beans Roll Pineapple Apple Milk	Spaghetti w/meat sauce Green Beans Tossed Salad w/ Cherry Tomatoes Grapes Strawberry Cups Milk	Chicken Salad Re Fried Beans Corn Roll Apricot Cup Apple Juice Milk	Hamburger Sweet Potato Puffs Burger Salad Orange Peaches Milk	
	Thanksgiving	Break 20-24th				
26	27	28	29	30	1	2
	Pizza Green Beans Steamed Carrots Orange Pears Tropical fruit Milk	Steak Fingers Mashed Potatoes Gravy Steamed Corn Hot Roll Peach Cups Pineapple Milk	Patty Melt Over Toast Tossed Salad w/ Cherry Tomatoes Baked Beans Mandarin Oranges Grape Juice Milk	Corn Dog Mixed Vegetables Romaine Spinach Salad Bread Slice Apple Mixed Fruit Milk	Hamburger Sweet Potato Fries Burger Salad Mixed Fruit Orange Banana Milk	

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